



## HEBREWS CHAPTER 5 (FACILITATOR)

### **Discussion Starter**

- If you were in training for something and you had a coach and could only select a coach with one of the following, which one would you choose and why?
  - A coach who could relate to you who had some knowledge about the area(s) you were being trained in
  - A coach with great knowledge about the area(s) you were being trained in but who couldn't relate to you

### **Opening Prayer**

- Ask if someone wants to volunteer before leading the prayer.

### **Tell the Story**

- PLEASE MAKE SURE THAT YOU HAVE ONE PERSON WHO STORIES (SUMMARIZES THE CHAPTER) BEFORE THE GROUP READS THE CHAPTER TOGETHER.**

### **Read the Story (Hebrews 5:1-14)**

Read out loud as a group, 3-5 verses per person. Let everyone know they can opt out if they would like.

### **Breaking it Down**

- All questions should be utilized as appropriate based upon group dynamics to facilitate both understanding and discussion. Don't feel tied to the questions and don't feel like you have to get through every question. Follow the Spirit's lead! All questions are a matter of perspective in some way BUT there are specific questions that this is truer of and these questions have been indicated to be perspective/opinion questions.

### **Hebrews 5:1-6**

- Why is the description of the high priest so important to this passage and to the entire book of Hebrews?
  - The high priests in the Old Testament were the link between God and men & women. They were the ones responsible for taking the sacrifices to God on behalf of the people to remove the barrier of sin between God and the

people. The entire book of Hebrews is centered around the reality that Jesus is better than all including the high priests of the Old Testament. He is not only a high priest, but He is the Great High Priest because He had no sins of His own and is the perfect link between humanity and God.

- How does Jesus deal gently with you when you choose to be stubborn and do your own thing according to your own will?
  - This is a perspective and opinion question so please listen as the facilitator.
    - In what ways do you intentionally run into the arms of Jesus allowing Him to restore you when you have been stubborn and done your own thing according to your own will?
      - This is a perspective and opinion question so please listen as the facilitator.
- What does Hebrews 5:5 teach us about the problems with our seeking power, position, and titles?
  - Not even Jesus sought power, position, or titles. Yes, He already had all these things as the Son of God and God Himself but when Jesus walked the face of the earth as a human being, God was the one who exalted Him. In fact, Jesus was willing to pour out and give up everything in leaving heaven to come to earth. Jesus never exalted Himself. If we are going to walk in the steps of Jesus, our lives should not be characterized by seeking power, position, and titles. Rather, our lives should be characterized simply by seeking and loving Jesus.

### **Hebrews 5:7-10**

- Why is the humanity of Jesus so important?
  - The humanity of Jesus is important because we can fall into the trap of thinking and believing that Jesus had it easy because He was God when He lived on the earth. In fact, Jesus didn't have it easy. He had to make decisions just like you and me. He had to learn obedience just like you and me. He experienced human emotion and pain just like you and me. He learned obedience through His sufferings just like you and me. When we make excuses for why we can't and don't follow God and why we believe things are too hard, we need to be encouraged to consider Jesus who didn't make excuses. He simply but beautifully drew near to the heart and love of God even in the midst of extreme difficulties and situations.

- How do you draw encouragement from remembering and reflecting on Jesus' life as a human being?
  - This is a perspective and opinion question so please listen as the facilitator.

### **Hebrews 5:11-14**

- Do you agree or disagree with the following quote and why? "God is committed to growing people up?"

- This is a perspective and opinion question so please listen as the facilitator.

- How are you allowing God to grow you up in your knowledge about Him?
- How are you allowing God to grow you up in your attitude towards Him and towards others?
- How are you allowing God to grow you up in your behavior towards Him and towards others?
- How are you intentionally putting yourself in positions to grow in Jesus Christ?

- These are perspective and opinion questions so please listen as the facilitator.

### **Final Application**

- What does this passage teach us about God?
- What does this passage teach us about mankind?
- What is a command to obey in this passage?
- What has God revealed in your life that needs changing?
- What truth can be applied to your life about the gospel?

### **Closing & Prayer Requests**

- Have a designated person to capture and share (as appropriate) within the life group.

- What happens in life group, stays in life group.
- Don't forget get to confirm the next meeting date and time
- Also recruit someone to do the story for the following week (Hebrews Chapter 6)



## HEBREWS CHAPTER 5 (STUDENT)

### **Discussion Starter**

- If you were in training for something and you had a coach and could only select a coach with one of the following, which one would you choose and why?
  - A coach who could relate to you who had some knowledge about the area(s) you were being trained in
  - A coach with great knowledge about the area(s) you were being trained in but who couldn't relate to you

### **Opening Prayer**

- Ask if someone wants to volunteer before leading the prayer.

### **Tell the Story**

- PLEASE MAKE SURE THAT YOU HAVE ONE PERSON WHO STORIES (SUMMARIZES THE CHAPTER) BEFORE THE GROUP READS THE CHAPTER TOGETHER.**

### **Read the Story (Hebrews 5:1-14)**

Read out loud as a group, 3-5 verses per person. Let everyone know they can opt out if they would like.

### **Breaking it Down**

- All questions should be utilized as appropriate based upon group dynamics to facilitate both understanding and discussion. Don't feel tied to the questions and don't feel like you have to get through every question. Follow the Spirit's lead! All questions are a matter of perspective in some way BUT there are specific questions that this is truer of and these questions have been indicated to be perspective/opinion questions.

### **Hebrews 5:1-6**

- Why is the description of the high priest so important to this passage and to the entire book of Hebrews?
  
- How does Jesus deal gently with you when you choose to be stubborn and do your own thing according to your own will?

- In what ways do you intentionally run into the arms of Jesus allowing Him to restore you when you have been stubborn and done your own thing according to your own will?
- What does Hebrews 5:5 teach us about the problems with our seeking power, position, and titles?

### **Hebrews 5:7-10**

- Why is the humanity of Jesus so important?
  - How do you draw encouragement from remembering and reflecting on Jesus' life as a human being?

### **Hebrews 5:11-14**

- Do you agree or disagree with the following quote and why? "God is committed to growing people up?"
  - How are you allowing God to grow you up in your knowledge about Him?
  - How are you allowing God to grow you up in your attitude towards Him and towards others?
  - How are you allowing God to grow you up in your behavior towards Him and towards others?
  - How are you intentionally putting yourself in positions to grow in Jesus Christ?

### **Final Application**

- What does this passage teach us about God?
- What does this passage teach us about mankind?
- What is a command to obey in this passage?
- What has God revealed in your life that needs changing?
- What truth can be applied to your life about the gospel?

**Closing & Prayer Requests**

- Have a designated person to capture and share (as appropriate) within the life group.
- What happens in life group, stays in life group.
- Don't forget get to confirm the next meeting date and time
- Also recruit someone to do the story for the following week (Hebrews Chapter 6)