

SESSION 7

# THE OVERLY-BONDED- WITH-MOTHER WOUND

---

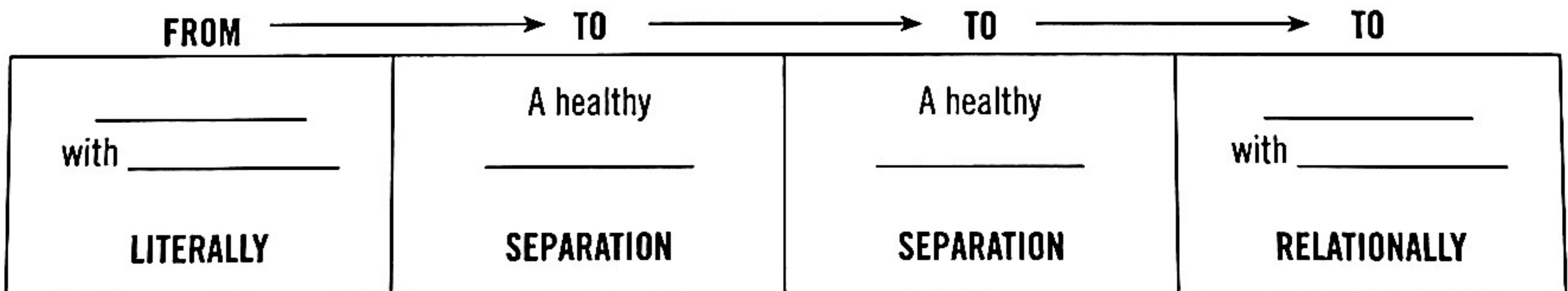
I. The Mom Factor

II. Two Significant Breaks with Mom

A. From \_\_\_\_\_ bondedness.

B. From \_\_\_\_\_ bondedness.

C. Real health for a man with Mom moves him ...



III. Exploring the Mother Wound

A. A Definition:

An \_\_\_\_\_ emotional relationship with Mother that causes a son to either be \_\_\_\_\_ by the influence of women later on in life or to \_\_\_\_\_ and become \_\_\_\_\_ to that influence.

**B. Important Characteristics:**

1. This wound is not blatant but \_\_\_\_\_.
2. This wound is not one of abuse, neglect, or absenteeism, but a wound disguised as \_\_\_\_\_.
3. This is not a wound of \_\_\_\_\_ but \_\_\_\_\_.
4. This wound looks like \_\_\_\_\_ but feels like \_\_\_\_\_.
5. This wound is so powerful, it can wrongly \_\_\_\_\_ or \_\_\_\_\_ the masculine psyche.

**IV. How This Wound Occurs**

- A. It often begins with an \_\_\_\_\_ or \_\_\_\_\_ father.
- B. It can also be influenced by one of \_\_\_\_\_ :
  1. \_\_\_\_\_ moms
  2. \_\_\_\_\_ moms
  3. \_\_\_\_\_ moms
  4. \_\_\_\_\_ moms

**V. How This Wound Manifests Itself in Adulthood: Two Responses**

A. Men become \_\_\_\_\_ and \_\_\_\_\_ toward women.

B. Men become \_\_\_\_\_ and \_\_\_\_\_ toward women.

**QUESTIONS FOR YOUR SMALL GROUP**

1. What most impacted you in this session? Explain.
2. Describe your relationship with your Mom growing up. How is (was) it as an adult?
3. Would you say you have effectively made "the break" with Mom? Does your mom presently exert an unhealthy influence in your life? Your marriage? What would your wife say?
4. Can you see a connection between the way you relate to your mom and how you relate to other women in your life? In how you relate to your wife, if you have one?